

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF
LOS ALTOS, HELD ON MONDAY, OCTOBER 5, 2020, AT 3:30 P.M. TELE-
CONFERENCE, LOS ALTOS, CALIFORNIA**

ROLL CALL

PRESENT: Chair O'Reilly, Vice Chair Nagao, Commissioners Basiji, Cohen, Buchholz, and Yu

ABSENT: Commissioner Torbeck

PLEDGE OF ALEGIANCE

PUBLIC COMMENTS

None

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes

Action: Upon a motion by Commissioner Cohen, seconded by Commissioner Buchholz, the Commission approved the minutes of the meeting of September 14, 2020. Commissioner Basiji abstained because he did not attend that meeting.

Approve: Unanimously by five Commissioners and one abstained.

Oppose: None

Motion passed: 5 to 1

Public Comment: None

2. Item 2: Draft Postpaid Outreach Flyer

Commissioner Buchholz: Subcommittee has met several times, want to acknowledge the amount of work that the City staff have done. The flyer will have a twofold purpose to reach those hard to find seniors and widely broadcast resource information. The title: Reaching out to our Los Altos and Los Altos Hills Seniors from the Senior Commission. Listing of Services: BAT, CSA, NextDoor, Senior Connection phone number, ride reimbursement program, Meals on Wheels, shopping services, larger list of online services, Staff Liaison Matheson's weekly Recreation Department update, City of Los Altos COVID-19 web page and the Spotlight newsletter updated on a regular basis. Get into the packets the fire station offers.

Commissioner Cohen: Reaching out for referrals wanted the isolated seniors referred by concerned neighbors, relatives and those who do not get the Spotlight newsletter. Use NextDoor and the Flyer.

Commissioner Nagao: Non-Spotlight readers and ask First Responders and Meals on Wheels to give out the flyer.

Commissioner Basiji: No budget for postage for direct mailer. Consider joint effort of Los Altos and Los Altos Hills.

Staff Liaison Matheson: Recreation Department has a City accounts on NextDoor, FaceBook, Instagram. Suggests Commissioners reach out, grass roots style, on their personal social media accounts recommending the Senior Hotline.

PUBLIC COMMENTS

None

3. Item 3 Cable TV Update

Staff Liaison Matheson: Comcast Cable Channel 15 and 26. No charge for City and Recreation Department Program basic informational slides on Virtual Recreation Programs, Community Connection and Senior Hotlines. Will promote this in the Spotlight, weekly department update and website.

Cheri Anderson, Recreation Coordinator: Will start with a small video of staff meetings and upcoming 50+ classes, programs, and events. Pilot to air the first Tuesday of December. Will be able to reach more non-technical people.

PUBLIC COMMENTS

None

4. Item 4 Response to COVID-19

Staff Liaison Sara Robustelli from The Town of Los Altos Hills and Staff Liaison Bridget Matheson from The City of Los Altos, both shared their staff reports pertaining to the response to COVID-19. Below is additional information from The Town of Los Altos Hills that was not in the initial report.

Virtual Halloween costume contest, Oct 1 with the Los Altos Town Crier www.losaltoshills.ca.gov/costumecontest

- Tales of Page Mill Road presented by the History Committee on Oct 11 from 2 – 4 pm.
- Dear Seniors Pen Pal Program organized by LAH Youth Volunteers.
- Tech Help for Seniors on the phone.
- Free COVID-19 testing at LAH Town Hall served 370 people and will continue the second Friday of each month.
- LAH Pathways Buddy Finder Program matching up walkers safely social distancing.
- Updated LAH Important Contact phone numbers (not done since 2012). Their Recreation Department is updating the contact list database and will be mailed out with their Activity Guide and Newsletter.
- BAT and Neighborhood Watch evacuation training.
- Mental health during the Holidays.
- End of Life, Estate Planning and Trust Seminars and Forums

PUBLIC COMMENTS

None

COMMISSION AND STAFF REPORTS AND COMMENTS

Commissioner Basiji: Fires in Los Altos Hills is a tinderbox and a dicey fire situation with older non-fireproof houses. The LAH Fire District in contention with the Board of Supervisors and should be on a future agenda. Impacts Seniors in the worst way health and safety wise.

Commissioner Cohen: Flyer or a place in the Spotlight newsletter to reach isolated seniors. Use the City of Los Altos or a private personal NextDoor account to spread the word.

PUBLIC COMMENTS

None

POTENTIAL FUTURE AGENDA ITEMS

Commissioner Basiji: Zoom activities for the Holidays, get Cheri Anderson's list of 50+ group Zoom events like the Magic Show and cooking classes. But no in person public gatherings permitted.

Commissioner Cohen: Thanksgiving Programs for lonely isolated seniors like the virtual Festival of Lights Parade. But nothing in person is permitted.

PUBLIC COMMENTS

None

ADJOURNMENT

Vice Chair Nagao adjourned the meeting at 4:49 p.m.